

# Raru whakarato: Wē paracetamol 120mg i roto i te 5mL

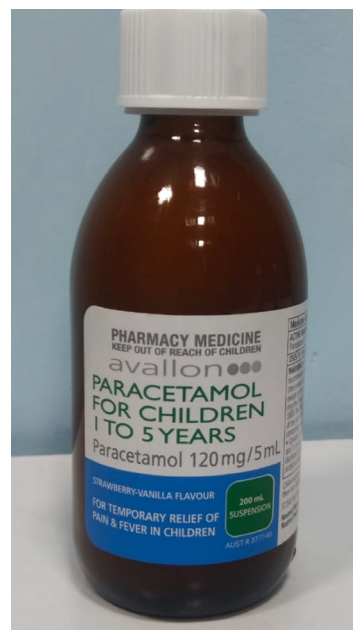
Mai i te 1 o Hepetema 2022 tae noa ki te tīmatanga o te tau 2023,  
ka whakakapia te Paracare e tētahi momo hou ko Avallon paracetamol.

*(Te whakahua ko 'pa-ra-Sī-ta-mol')*

E tino whakamahia ana te wē paracetamol mō te kirikā me te whakamauru  
mamae, otirā mō te tamariki. Kua whakararua te whakarato o te wē Paracare  
paracetamol 120mg i te 5mL mō te wā poto.

## He aha te rerekē o Avallon paracetamol?

He rerekē te tae me te reka o te Avallon paracetamol 120 mg  
i roto i te 5mL i a Paracare. He āhua mā te Avallon, ā, he rōpere/  
wanira te reka. Engari, he rite tonu te rahi o te kai hohe o roto,  
ā, he ōrite te mahi.



### Kia mōhio

Ka rerekē pea ngā kai tautauā o roto pērā i ngā  
whakareka, tae me te huka. Mēnā he pātai āu mō  
ēnei, me kōrero ki tō rata, nēhi, kaitaka rongoā rānei.

**!** He ōrite pea te tae me te reka o ngā rongoā wē rerekē.  
Me pānui i te tapanga i ngā wā katoa, ā, me tika te pota mā tō tamaiti.  
**KAUA RAWA e whakawhirinaki ki te tae, kakara, hā rānei.**

## E hia te nui o te paracetamol me whāngai ki taku tamaiti?

- Kei te taumaha o tō tamaiti te pota paracetamol.
- Me ine i te taumaha o tō tamaiti KA tiro tiro i te kaha o tō paracetamol.
- Me whakamahi te tūtohi i konei hei kimi i te pota tika.

## I mua i te whāngai paracetamol ki tō tamaiti:

- Me tiro tiro mēnā me whiwhi tonu tō tamaiti.
- Me tatari mō te 4 haora, neke atu rānei i waenga pota.
- KAUA e nui atu i te 4 ngā pota i roto i te 24 haora.
- Me tiro tiro i te rā mōnehu.



**He mea nui kia kaua e nui atu te whiwhi a tō tamaiti i te pota e tūtohua ana mō te rā. Mēnā ka nui rawa te whiwhi a tō tamaiti - i te wā kotahi, i ētahi rā rānei - ka tūkinohia pea e te paracetamol tōna ate.**

## Tūtohi pota paracetamol

Taumaha o te tamaiti	120mg i roto i te 5 mL
Iti iho i te 5 kg	Me pātai atu ki tō rata, kaitaka rongoā rānei
5 kg	3 mL
6 ki te 7 kg	3.5 mL
8 ki te 9 kg	5 mL
10 ki te 12 kg	6 mL
13 ki te 14 kg	8 mL
15 ki te 16 kg	9.5 mL
17 ki te 18 kg	10.5 mL
19 ki te 20 kg	12 mL
21 ki te 22 kg	13 mL
23 ki te 25 kg	14.5 mL
26 ki te 28 kg	16.5 mL
29 ki te 32 kg	18 mL
33 ki te 36 kg	20.5 mL
37 ki te 41 kg	23 mL
42 ki te 60 kg	26 mL
Nui ake i te 60 kg	30 ki te 40 mL

**i** Mō ētahi atu mōhiohio mō te paracetamol, haere ki [pharmac.govt.nz/paracetamol-liquid](https://www.pharmac.govt.nz/paracetamol-liquid)