HYPOGLYCAEMIA (Hypo)
LOW Glucose level
Glucose Level less than 4.0 mmol/l

DO NOT LEAVE CHILD ALONE
DO NOT DELAY TREATMENT

Signs and Symptoms
Note: symptoms may not always be obvious.
e.g. Pale, headache, shaky, sweaty, dizzy, drowsy, changes in behaviour

Child conscious
(Able to drink/eat hypo drink/food)

Step 1: Give fast acting carbohydrate (glucose)
e.g. glucose tablets or juice
Amount glucose = 0.3g/kg weight of child

Step 2: Recheck BGL after 10 – 15 minutes
If BGL is still less than 4.0, repeat Step 1
OR:
If BGL is now greater than 4.0, go to Step 3

Step 3: Give 10-20g sustaining Carbohydrate

Child unconscious/drowsy
(Risk of choking/unable to swallow)

First Aid :
Place child in recovery position
DRSABCD
Stay with unconscious child

CALL AN AMBULANCE
DIAL 111

Give 0.5-1.0ml
of GLUCAGON (Hypokit)
by intra-muscular injection
if trained to do so.