

Date:

To Whom It May Concern

Child's Full Name:

DOB:

Address:

Diagnosis: Type 1 Diabetes

Date of Diagnosis:

This letter is to support the claim for reimbursement for equipment to provide respite for the primary caregiver, \_\_\_\_\_ who takes responsibility to look after \_\_\_\_\_. Type 1 diabetes requires constant monitoring and decision making. The only way to safely have an uninterrupted sleep is to have continuous glucose monitoring, which will provide alarms if action is required. Otherwise caregivers need to be up through the night to check glucose levels manually - which is also disruptive to the sleep of the young person affected. Broken sleep leads to anxiety, stress, and lack of productivity. This purchase of continuous glucose monitoring is a justified expense to provide respite.

Along with this letter, please see communications from Te Whatu Ora that has allowed carer support to be used for equipment.

If any queries please contact the treating medical team.

Kind regards,

**National Clinical Network for Children and Young People with Diabetes**

*As kaitiaki (caregivers/guardians) of diabetes related services, it is a collective responsibility to establish an environment that facilitates a pathway for people with diabetes to navigate te ao mate huka - the world of diabetes*

*Te Kaiwhakahaere Māori te Roopu mate huka Debbie Rawiri - Te Whatu Ora Waitaha Canterbury*

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