

# **Te whakatō i te kano ārai mate – te ārai tino pai**

Me kōrero ki tō tākuta, nēhi rānei.



## **Hapūtanga**

E kapi ana i te weronga 1:  
**kauae-timu**  
**whakapokenga korokoro**  
**mare heihei (mare tekekō)**  
E kapi ana i te weronga 1:  
**rewharewha**



**6**  
**Wiki**

E kapi ana i te horopeta 1 ā-waha:  
**huaketo puku (rotavirus)**  
E kapi ana i te weronga 1:  
**whakapokenga korokoro**  
**kauae-timu**  
**mare heihei (mare tekekō)**  
**whakamemeke**  
**atekakā B**  
**rewharewha haemophilus momo b (Hib)**  
E kapi ana i te weronga 1:  
**pūkahu kakā (pneumococcal)**



**3**  
**Marama**

E kapi ana i te horopeta 1 ā-waha:  
**huaketo puku (rotavirus)**  
E kapi ana i te weronga 1:  
**whakapokenga korokoro**  
**kauae-timu**  
**mare heihei (mare tekekō)**  
**whakamemeke**  
**atekakā B**  
**rewharewha haemophilus momo b (Hib)**  
E kapi ana i te weronga 1:  
**pūkahu kakā (pneumococcal)**



**5**  
**Marama**

E kapi ana i te weronga 1:  
**whakapokenga korokoro**  
**kauae-timu**  
**mare heihei (mare tekekō)**  
**whakamemeke**  
**atekakā B**  
**rewharewha haemophilus momo b (Hib)**  
E kapi ana i te weronga 1:  
**pūkahu kakā (pneumococcal)**



**15**  
**Marama**

E kapi ana i te weronga 1:  
**rewharewha haemophilus momo b (Hib)**  
E kapi ana i te weronga 1:  
**mate karawaka**  
**mate repe pupuhi**  
**karawaka Tiamana (rūpera)**  
E kapi ana i te weronga 1:  
**pūkahu kakā (pneumococcal)**  
E kapi ana i te weronga 1:  
**koroputa hei (varicella)**



**4**  
**Tau**

E kapi ana i te weronga 1:  
**whakapokenga korokoro**  
**kauae-timu**  
**mare heihei (mare tekekō)**  
**whakamemeke**  
E kapi ana i te weronga 1:  
**mate karawaka**  
**mate repe pupuhi**  
**karawaka Tiamana (rūpera)**



**11 me te 12**  
**Tau**

E kapi ana i te weronga 1:  
**kauae-timu**  
**whakapokenga korokoro**  
**mare heihei (mare tekekō)**  
E kapi ana i ngā weronga e 2, kia 6 marama te wehe\*:  
**huaketo papilloma ā-tangata (HPV)**

He kore utu. Me whakatō i te kano ārai mate i te wā tika, i ia wā. Mō ētahi atu kōrero haere ki [www.health.govt.nz/immunisation](http://www.health.govt.nz/immunisation)

\*Mō te hunga 15 tau, neke atu rānei me whiwhi i ngā weronga e 3.

E wātea ana tēnei rauemi i healthed.govt.nz, i te Kaiwhakarato Whaimana rānei a tō DHB. I whakahoutia i te Hōngongoi 2019. Tohu HE2521