

**BACK TO SCHOOL**

# OMICRON

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# Omicron is:

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- Another form of **COVID**
- More infectious than previous versions, so spreads very quickly
- Less likely to make you severely ill- some people might not even know they have it
- A small number of children need to go to hospital



# Stopping **Omicron** is all about Masks and Fresh Air

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- Wear a good mask that fits well around your face **and** nose
- If you can, get a respirator mask such as N95 or P2 as they filter almost all the droplets, small aerosols and virus
- Smaller children can wear small KF94 masks
- Single use paper, surgical ones are less good but still better than nothing
- Fabric ones get baggy and let the germs in and out



# Stopping Omicron is all about Masks

- Children need to wear a mask from year 4 and above
- Younger children don't have to
- **BUT**
- If everyone wears one, it is harder for Omicron to go from one person to the next
- We get to beat the virus





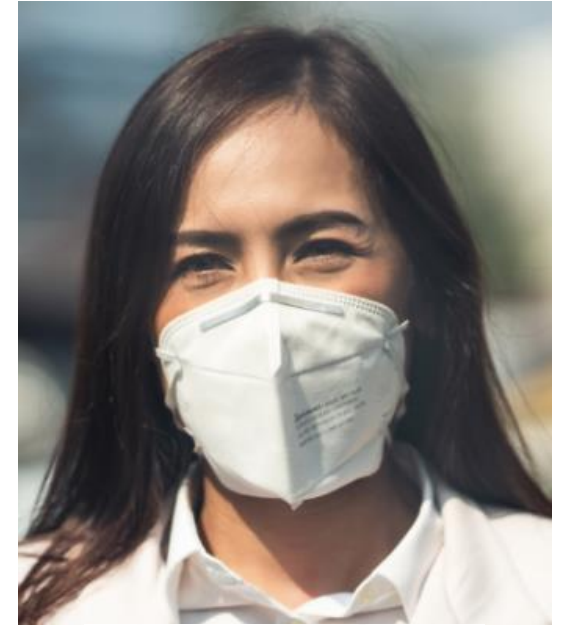
Wear a **good** mask and wear it **properly**!



**NO!**



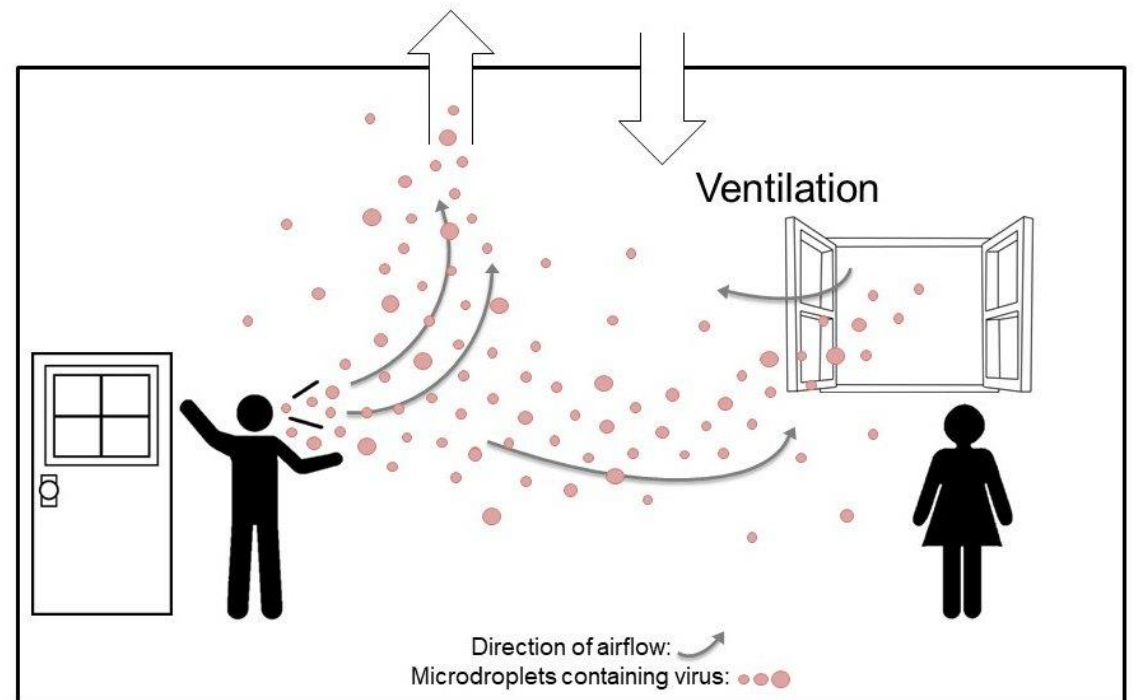
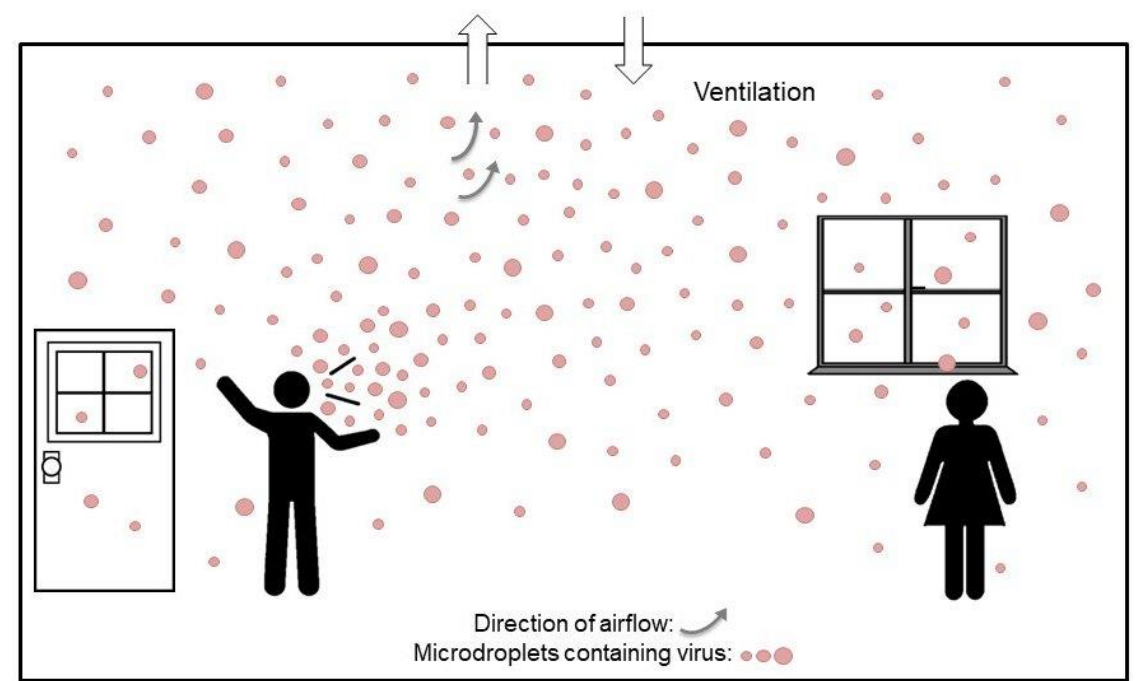
**NO!**



**YES!**

# Stopping **Omicron** is all about Fresh Air

- Omicron hangs around in the air as an aerosol
- It **loves** closed spaces with lots of people and **hates** lots of fresh air
- To protect you from Omicron and get fresh air, your school may:
  - Open windows
  - Have fewer people in the class
  - Do outside classes and activities
  - Eat lunch outside
  - Use fans
  - Use an air filter
- You can do the same things at home



# What will school be like during Omicron:

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Pretty much as before!

**RED** setting means:

- Physical distancing
- Mask wearing
- Fresh air flow
- More outside activities
- Stay home when sick





# What if I get sick:

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- Most people will stay home until they are better
- They may get a runny nose or a sore throat, maybe a fever or aches
- They might take some medicine to make them feel better
- They might drink extra fluids to stay hydrated
- Very few people may need to go to hospital





## School during Omicron:

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- If someone gets **Omicron**, they will stay home from school until they are better
- If other people get sick, they will stay home too
- For everyone else, school will continue unless a really large number of people get sick
- If a really large number of people get sick in one place, maybe the school will close for a while until everyone is better again.

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*Yes!* WE'RE  
OPEN

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# Vaccinations:

- Vaccinations help our body fight illness
- Vaccination doesn't stop illness, but it makes it less severe
- COVID
  - The first dose gives you good protection
  - The 2<sup>nd</sup> dose makes you even stronger
  - Children don't need boosters
  - **BUT** everyone else does
- Vaccination protects you, your family and your community



# Summary:

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- **Omicron** spreads fast and easily- WEAR A MASK and find fresh air
- If you are sick, STAY HOME AND GET WELL. Get a test!
- School won't shut this time, unless heaps of people get sick
- Schools are ok about you staying home if you are sick, you won't get in trouble
- When you get well, you can go back to school and get on with your learning.





The end.....

I spy.....

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