

Find out about supporting rainbow tamariki & rangatahi

Tips for supporting the rainbow child or young person in your whānau



A listing of rainbow support organisations & websites in Aotearoa



How to reach out for your own support



BEING ABLE TO CELEBRATE BOTH MY GENDER AND SEXUALITY DIVERSENESS AS WELL AS MY CULTURAL DIVERSITY AND MY HERITAGE.



Watch videos from the rainbow community



KidsHealth

www.kidshealth.org.nz

Accurate & reliable information for NZ parents & whānau about the health & wellbeing of tamariki & rangatahi in Aotearoa