

WHAT TO DO IF YOUR CHILD IS HAVING A SEIZURE

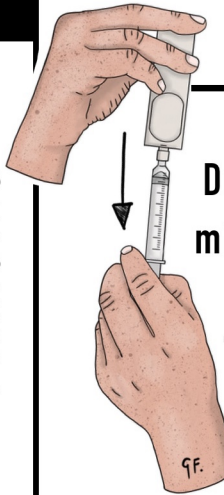
Give midazolam if the seizure lasts over 5 minutes or if ___ seizures happen within ___ minutes

0 MINUTES
4 MINUTES
5 MINUTES

SEIZURE STARTS

Start timing the seizure
Stay calm
Move your child to a safe place
Reassure your child
Video the seizure if possible

CONTINUES

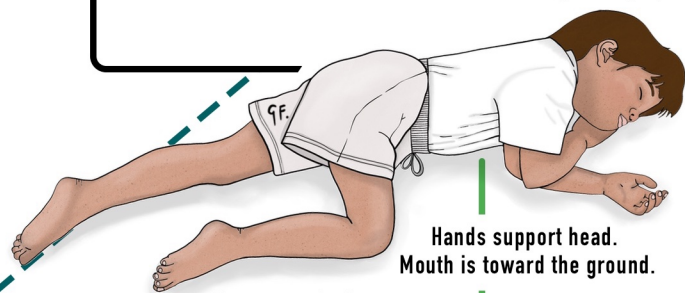


Draw up _____ ml of midazolam (15mg/3ml)

STOPS

Put your child in the recovery position

Head tilted to keep airway open.



Hands support head. Mouth is toward the ground.

Knee stops body from rolling.

CONTINUES

Give midazolam into the nose (intranasally)
Call 111 unless instructed otherwise by your doctor

STOPS

STOPS



Let child rest & recover
Stay with them until back to normal
Record in seizure diary
If advised, let medical team know
Dr _____



For more detailed information see Seizure First Aid on KidsHealth by scanning the QR code or visiting www.kidshealth.org.nz/seizure-first-aid

KidsHealth
kidshealth.org.nz