

WARFARIN PATIENT INFORMATION

Warfarin stops clots from being made or getting bigger

Warfarin 1mg



Marevan

Warfarin 3mg



Marevan

Warfarin 5mg



Marevan

Warfarin 1mg



Coumadin

Warfarin 2mg



Coumadin

Warfarin 5mg

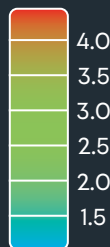


Coumadin

The right dose = the right INR

Too high
– may bleed

Too low
– won't work



Take your tablets at the same time every evening

Your doctor or nurse will tell you how many tablets to take and when to go for your next blood test



Call doctor or nurse if any of the following occurs:

- » Any unusual bleeding or bruising
- » Severe unexplained pain
- » Fever, vomiting, diarrhoea, infection
- » Becoming pregnant
- » Missed doses



Other medicines can affect warfarin

Ask your pharmacist or doctor about all your medicines



Mix your green vegetables with other coloured vegetables*

*This does not apply if you are on dialysis. You must consult with a dietician.



Take your Warfarin at

Have regular blood tests starting

Phone your doctor for your INR results on the day of your blood test.
Take the recommended dose until your next blood test.

Other information/recommendations:

1



Keep to your scheduled date/time for your blood test

2



Call that same afternoon and request for your INR result

FOLLOW THESE

3 STEPS:

3



Take the prescribed dose of Warfarin at the same time each evening with a glass of water. Record that the dose has been taken, e.g. by making a cross on a calendar