

BRONCHIECTASIS ACTION PLAN

Patient name: _____

Physiotherapist name: _____

Nurse name: _____

WELL



- Sleeping well
- Eating well

PHYSIO: _____

MEDICATIONS: _____

SICK



- Coughing more
- Tired
- Not eating
- More phlegm/mucous

PHYSIO: _____

MEDICATIONS: _____

**Considering reducing sports/active play if they are out of puff
See your family doctor to get two weeks of antibiotics**

VERY SICK



- Coughing lots
- Sore chest
- Lots of phlegm/mucous
- Out of puff/breath
- Fever

PHYSIO: _____

MEDICATIONS: _____

Let your child rest from sports

**Go to your nearest emergency department
Consider taking a break from sports until they are well**

